

## ZENXIN CHRISTMAS SPECIAL



### What's New:

- Organic Matcha and Hojicha Powder  
- pg 12
- Healthy snack: Organic Pumpkin Granola  
- pg 13



### Bring You Through ZENXIN's Magical Moments in 2021

- pg 02

### Director's Note

- pg 03

### Celebrate Magical Christmas with ZENXIN

- pg 04-07

### Christmas Promotion

- pg 10-11

### ZENXIN's recipe

- pg 08-09



- Christmas Energy Bites
- Christmas Pudding

### Nutritionist's Advices

- Healthier You - 8 Tips  
- pg 14-17
- 28-days Anti Inflammatory  
Challenge  
- pg 19







New face of ZENXIN.com  
Launch of e-Nutrition Coaching service

# JAN

Light up Your Chinese New Year with  
Abundance at ZENXIN FB LIVE

# FEB

# MAR

Launch of Sea Buckthorn  
- the ultimate plant-  
based omega sauce and  
immune booster



Proudly announced exclusive  
collaboration of ZENXIN and DISNEY  
Launched disney.zenxin.com, follow Mickey  
& Friends footsteps to discover Magic in  
Organic through Learn, Play, Cook, Win!  
Key Highlight: Organic Dazzle Apple

# JUN



## TAKING YOU THROUGH 2021'S MAGICAL MOMENTS

Step into our magical time tunnel and revisit all the campaigns (both large and small) that ZENXIN has rolled out this year. For us, being able to run different digital campaigns and virtual events to connect with our customers has been nothing short of wondrous, considering that it was during a difficult period in the midst of the COVID-19 pandemic. We wanted everyone to be able to continue making new discoveries along their organic journey, and also allow many new customers to step on the magical path to an organic lifestyle!



# MAY

Organic Vegetable Bouquets  
for Dearest Mommies

# AUG

A Hearty Heart-full  
Reunion Mid Autumn  
Celebration



# SEP

Spin to Win Mickey Eco Bag  
Key Highlight: Organic Banana,  
Organic Cherry Tomato, Organic Beetroot, Organic Hong Kong  
Choy Sum, Organic Carrot



# OCT

Annual ZENXIN  
Healthier You Campaign



# NOV

Magical Christmas  
Gifting



## MAGICAL 2021

Dear Friends of ZENXIN,

It is December 2021! Time travels really fast, even when our social circles are heavily restricted during the COVID-19 pandemic. It has been an eventful year for ZENXIN, and I am very grateful that the team stayed together and pulled through the tough times. I am proud to say that we have a strong, healthy and passionate ZENXIN Organic team that continues to bring the best organic food to you, and serves as your foundation of good health.

In the year 2021, we celebrated many occasions virtually online since the Chinese New Year. We organized an online lucky draw for those who shopped on ZENXIN.com, which has been revamped.

On ZENXIN Mother's Day, we helped many families to send the organic veggie bouquets to their beloved parents in Malaysia and Singapore, which we sold through Facebook Live. On top of that, we also set up our team of organic nutritionists to help our customers choose the right food, which we strongly believe is the foundation of good health.

We launched Magic in Organic with Disney right after our Learn, Play, Cook, Win with ZENXIN and Disney themed campaign, which you may have seen our lucky friends win a full year's supply of organic apples and also beautiful ZENXIN Disney collection Eco Bags! We will be coming up with the Disney Canisters Gift and also beautiful Disney ang pows during the Chinese New Year with the theme of 瑞虎踏春.

Every year, we organize the ZENXIN Healthier You campaigns to promote awareness about healthy food and a healthy planet. This year was no exception and most of our campaigns took place virtually. The ZENXIN team organized more than 10 events including health tips sharing, cooking demos, Pilates, parent and child activities, as well as personal growth sessions exclusively for our members so they could still stay connected from the comfort of their homes.

Since COVID-19 is going to be around for an unexpected period of time, I hope you can continue to stay healthy, boost your immune system and take care of your loved ones. If you have any questions related to healthy food, you are welcome to contact our in-house nutritionist, who will be happy to provide you with a good solution.

I would like to thank you very much for your continuous support for ZENXIN. We wish you a wonderful and magical Christmas, and may you stay healthy and prepared for a better 2022!

Organically speaking,

Tai Seng Yee, Team Leader of ZENXIN Organic Food





ZENXIN  
ORGANIC

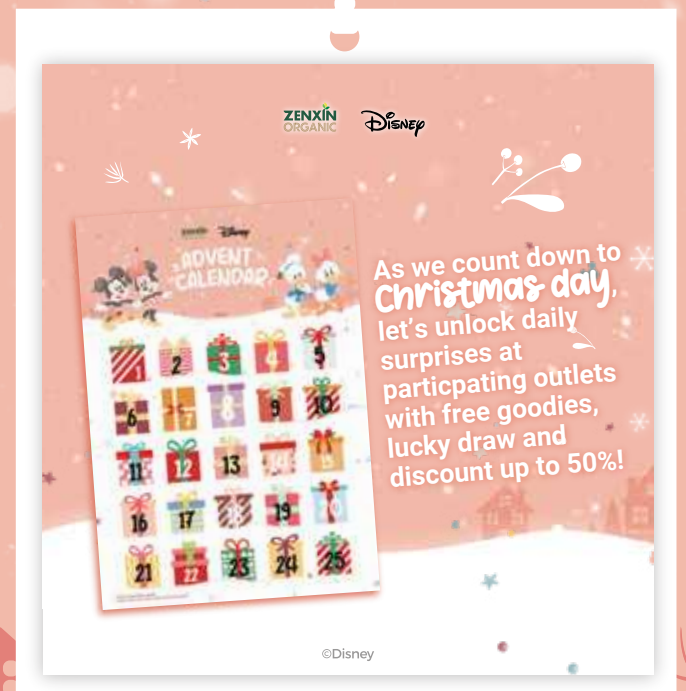
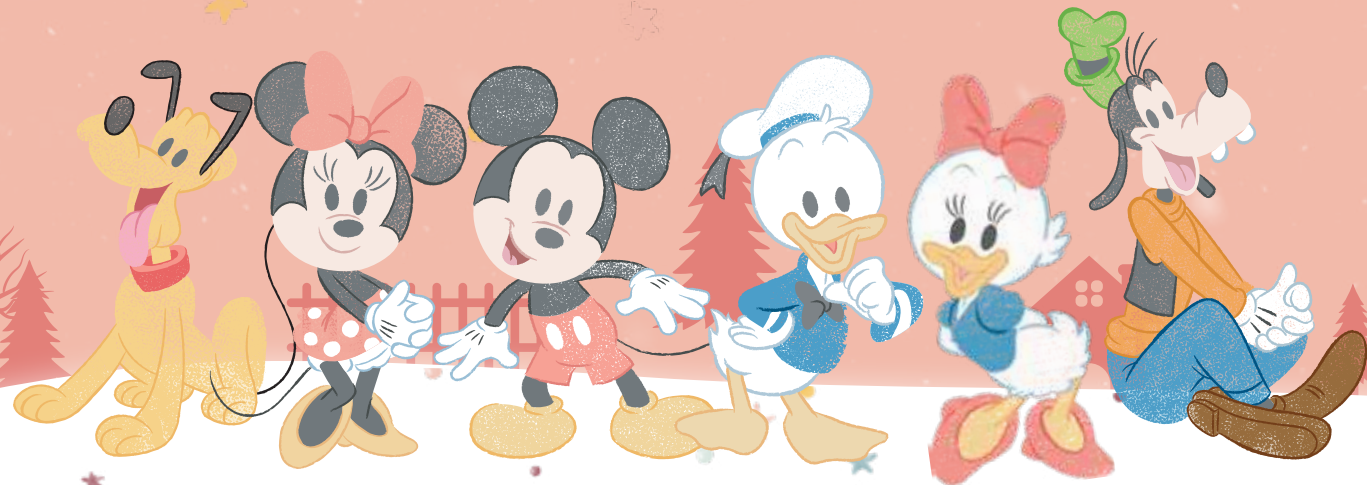
Disney

# celebrate Magical Christmas with ZENXIN



## Magical Christmas Giveaway

Limited Edition  
Collect all 3 designs!







## AN ORGANIC GATHERING THIS FESTIVE SEASON

Christmas is coming, and we finally have a good reason for a reunion. Instead of going to crowded places, let's have a heartwarming gathering with our dear family members and friends instead! Being able to enjoy a table full of healthy and delicious dishes together represents a deep bond that will remain in our hearts forever. Let the good times become the most organic and sweet memories in our lives. We must remember that family relationships, friendships, and romantic relationships all need to be cared for. Be kind to yourself, know how to give attention, and you'll find that love will last a lifetime.

One way to celebrate a magical Christmas with your loved ones is to make a healthy and delicious snack for them. A snack that is yummy and melts their hearts. But don't do this alone — invite them too! Prepare the snack together with your family or friends so that it is infused with everybody's great memories. Spread the Christmas magic by making organic festive snacks (like gingerbread cookies) with your children and give it to the people whom you care about.



This festive season, ZENXIN proudly presents this Christmas special Mickey & Friends canister, a healthy package containing 6 handpicked organic delights as the perfect gift for friends and family.

Gift an organic present to your loved one, so that your relationship grows organically! Show your sincerity by gifting a healthy surprise that fills up both the tummy and heart. Pack your heartfelt intentions with the goodness of these healthy snacks and send them to the people who matter. A new organic life begins with an organic and healthy present. And the best way to ensure everlasting love is to ensure that everyone enjoys good health together.

Don't miss out these limited edition goodies. Grab one at your nearest ZENXIN outlet or participating supermarket! Watch out for our early bird deals too and stay tuned for more.

[www.zenxin.com](http://www.zenxin.com)

### ORGANIC CHAMOMILE TEA



Our soothing, organic chamomile is a harvest of passion and care from the world-renowned SEKEM Biodynamic farm in Egypt.

Made from only the finest chamomile flowers cherished since the days of ancient Egypt, our chamomile tea is naturally caffeine-free.

For a more delightful and flavoured experience of our chamomile, try a sip of this relaxing and delicious tea with honey. It's perfect for any time of the day.

### ORGANIC HIBISCUS TEA



Fall in love with Simply Natural's caffeine-free Organic Hibiscus Tea, infused with wonderful and satisfying cranberry-like fruity notes.

Enjoy a refreshing, zingy blend simply by adding honey (we call it Hib-ena) – it's perfect for a nice finish to a long day and waking up feeling in the morning.

Made with the best teas from SEKEM, a holistic and sustainable biodynamic agriculture development in Egypt.

### ORGANIC MIXED RAISINS



Make your day with the unsurpassable organic goodness of sun-dried Turkish raisins, the way that nature's candy is supposed to taste.

The perfect mix of plump, honey-sweet sultanas and tart-sweet Thompson seedless raisins when you need something a little sweet and chewy.

A satisfying and nutritious treat packed with dietary fibre, it's perfect for kids and ideal for baking and cooking.

### ORGANIC PITTED SIWA DATES



Organically and sustainably grown by world-renowned SEKEM biodynamic farms in Egypt's Siwa Oasis – the world's largest producer of dates.

Distinctively chewy and moist with a natural sweetness that doesn't compromise your sugar intake, our Bread of the Dessert is hand-pitted for a hassle-free boost of energy-packed with vitamins and minerals.

Wonderful on its own, plus excellent as energy balls and energy bars, these nature's candies are also good with milk – it's a match made in heaven.

### ORGANIC MILLET GRANOLA



Indulge your sweet tooth with the amazing goodness of whole grains, mixed nuts, seeds and dried fruits.

A great blend of cinnamon aroma with a hint of honey and cane sugar for the sweetness that's just right.

Perfectly crunchy with millet puffs, it's a gluten-free snack that's awesome with plant-based milk or on its own – it's that good!

### ORGANIC QUEEN-OWA (ORGANIC QUINOA CRISPS)



Feel fabulous with light and crunchy Queen-OWa crisps, the smart, crispy bite from nature's best grain for smart people.

Delightfully packed with quinoa (more than 30%), with 9 essential amino acids, protein and fibre.

Crafted with flavourful black sesame, pumpkin seeds and sunflower kernels for a delicious snacking experience with family and friends.

Yummiest with milk and yoghurt or hearty on its own, it's your perfect fuel-up to go all day!





## Christmas ENERGY BITES

Whether you are out and about this holiday season or staying in, these Christmas Energy Bites are the perfect snack to give you an extra energy boost to get through the season. These quick and easy, no-bake wonders are perfect for vegans, and the good news is, they are kid and toddler approved!

Made from the Siwa dates that provide the chewy texture and act as an excellent natural sweetener, this healthy treat with 4 different toppings are pretty enough for an edible Christmas gift or served as a dessert spread during the Christmas feast.



COOKING/ PREPARING TIME:  
**15 mins**



SERVING SIZE:  
**Approximately 16 servings**

### INGREDIENTS:

- 1 cup Organic Pitted Siwa Dates
- 2 tablespoons ABC Nut butter/ Almond nut butter
- 1/3 cups Organic Quick Rolled Oats
- 2 tablespoons Organic Chia Seeds
- Pinch Himalayan Rock Salt

### TOPPING

- Optional toppings:
- Organic Desiccated Coconuts
  - Natural Whole Dried Cranberries
  - Organic Mulberry Matcha Powder
  - Organic Cocoa Powder
  - Organic Hibiscus Powder

### METHOD:

1. Place the dates, nut butter, quick rolled oats, chia seeds, and salt into a food processor, blend until a soft dough is formed, which takes about a minute.
2. Add one tablespoon of the water at a time if the texture of the dough is too crumbly, until it becomes thick and smooth.
3. Pour the dough into a bowl.
4. Scoop one tablespoon of the dough and roll it into a smooth ball shape using your hands. (Get your children to help at this stage!)
5. Roll the balls in your favorite topping (desiccated coconuts/ mulberry matcha/ cocoa/ hibiscus powder) on a plate.
6. Place the balls in an airtight container and freeze for about 2 hours. They can be kept for up to 5 days.
7. When it's time to eat, mmm... Yummy!



DISNEY Tea Canister,  
Organic Pitted Siwa  
Dates



Simply Natural 100- ABC  
Nut Butter HCS, Malaysia



Simply Natural Organic  
Quick Rolled Oats,  
Australia



Simply Natural  
Organic Chia Seeds,  
Peru

Scan QR Code for  
ZENXIN's Recipes



## Christmas PUDDING

When the winter season arrives, besides having common turkey with stuffing or heavy black pepper gravy with mashed potatoes, it is always fascinating to serve something extra on the dining table for all the ravenous folks. Something simple yet marvelous. Yes, we got it! The mouth-watering Christmas Pudding will be the recipe that ZENXIN would like to present to everyone today.

What's so SPECIAL about our recipe?

Unlike common Christmas Pudding, this organic version contains elements such as naturally sun-dried organic raisins with zero sugar added and preservatives that present an exquisite chewy texture from its rich fiber content, thus enriching the pudding with the sweet taste of grapes.

It's a cold season, but caring for our family warms the heart and body. Let's try out this Christmas Pudding recipe now and make our Christmas holiday more fascinating!!



COOKING/ PREPARING TIME:  
**4.5 hours**



SERVING SIZE:  
**3-4 servings**

### INGREDIENTS:

- 85g Organic All Purpose Flour
- 170g Organic Margarine
- 90g Fresh Raw Honey
- 160g Organic Rolled Oat
- 85g Organic Golden Raisin
- 170g Organic Mixed Raisins
- 40g Organic Candied Lemon Peel
- 3pcs Eggs
- 1/3 cup Water

### METHOD:

1. Weight all the ingredients, set aside.
2. Pour and mix all the ingredients into a big bowl
3. Grease the mold well with some margarine to facilitate unmolding
4. Pour the mixture into molds (around 2/3 full)
5. Cover it with a wet cloth and insert a fold in the material to allow some spaces for the mixture to rise.
6. Tie the cloth around the lip of the mold with a piece of string.
7. Steam the mixture for 4 hours
8. Unmold the Christmas pudding, topping with some icing sugar and berries. Now it is time to enjoy the dessert!



Organic All-Purpose  
Flour



Simply Natural  
Fresh Raw Honey,  
Malaysia



Simply Natural  
Organic Rolled Oats,  
Finland



Disney Tea Canister,  
Mixed Raisins

Scan QR Code for  
ZENXIN's Recipes





Week 1

1-7 Dec 2021



- Organic Pitted Dates
- Organic White Dried Mulberries

**30% OFF**

Week 3

15-21 Dec 2021



Spend RM50 and above

**FREE**

Organic Queen-O-Wa 30g

Week 2

8-14 Dec 2021

- Organic Herbs & Spices
- Gluten Free Pasta
- Extra Virgin Oil 250g
- Organic Flour



BUY 1 GET BUY 2 GET BUY 3 GET

**10% OFF 15% OFF 20% OFF**

**ZENXIN ORGANIC** Simply Natural  
**Online Store Christmas Special**

Week 4

22-31 Dec 2021

All products get

**5% OFF**

(excluded organic box and promotion items)



\* Terms and conditions apply \* While Stock Lasts

Week 1

1-7 Dec 2021



- Organic Pitted Dates
- Organic White Dried Mulberries

**30% OFF**

Week 3

15-21 Dec 2021



Spend SGD50 and above

**FREE**

Organic Queen-O-Wa 30g

Week 2

8-14 Dec 2021

- Organic Herbs & Spices
- Gluten Free Pasta
- Extra Virgin Oil 250g
- Organic Flour



BUY 1 GET BUY 2 GET BUY 3 GET

**10% OFF 15% OFF 20% OFF**

**ZENXIN ORGANIC** Simply Natural  
**Online Store Christmas Special**

Week 4

22-31 Dec 2021

**\$15**

Cash discount with total bill of \$150



\* Terms and conditions apply \* While Stock Lasts

FOLLOW US:

**ZENXIN ORGANIC FOOD MALAYSIA** | **zenxin.organic.food** | Customer Services: +6012-705 8199 (WHATSAPP US)

For more information and get updated discount info: <http://zenxin.com.my>

\*\* Corporate order available

FOLLOW US:

**ZENXIN AGRI ORGANIC FOOD SINGAPORE** | **zenxin\_agriorganicsg** | Customer Services: +65 6778 7369 (WHATSAPP US)

For more information and get updated discount info: <http://zenxin.com.sg>

\*\* Corporate order available



## ORGANIC MATCHA AND HOJICHA POWDER

Matcha and Hojicha drink is all the rage and trendy at the moment but it has actually been around since the 12<sup>th</sup> century, hailing from Japan.

The word Matcha comes from Japanese: "ma" which translates to rubbed or ground, while "cha" means tea. Matcha powder is made by grounding green tea leaves from the tea plant *Camellia Sinensis* until they turn into a green powder.



Meanwhile, Hojicha powder uses the same green tea but expertly roasted over charcoal before they were grounded which gives the deep smoky and earthy flavor. Here at Simply Natural, we proudly sourced our Matcha and Hojicha powder directly from the fields of Japan, the famous tea growing region since thousands of years ago.

### Why should you choose our Matcha and Hojicha powder?

- Our Japanese supplier use only high-quality tea leaves carefully selected by tea masters (aka chashi in Japanese)
- Processed in a facility certified with ISO9001, ISO22000 and FSSC 22000 standards attributed to their quality control and food safety management system
- Good source of catechins, chlorophyll and antioxidants for amazing health benefits such as:
  - Improve memory and focus
  - Boost metabolism
  - Soothe your body and soul

### SUGGESTED RECIPE

#### ICED MATCHA LATTE



#### INGREDIENTS:

- ½ cup of ice
- 1 tbsp of matcha powder
- 1 tsp of hojicha powder (optional)
- 1 pump of syrup (optional)
- 4 tbsp hot water
- 1 cup of plant-based milk

#### STEPS:

1. In a measuring cup or bowl, add the matcha and hojicha powder.
2. Add hot water and whisk until it has dissolved.
3. Fill your glasses with ice and add your milk of choice (any kind of plant-based milk will do but oat milk works great for latte!)
4. If you like, this is the great time to add any simple syrup.
5. Lastly, pour in the matcha mixture, stir and enjoy!

p/s: Adding hojicha powder to your iced matcha latte will give it a richer and deeper flavor.

Scan and purchase here:



Singapore



Malaysia

Organic Matcha and Hojicha Powder are new additions to our Superfood Powder Series, for more information, click here



## HEALTHY SNACK: ORGANIC PUMPKIN GRANOLA

Love pumpkins but cannot leave out your oats and nuts for breakfast? Simply Natural's Organic Pumpkin Granola combines them all! A harmonious flavor of organic pumpkin puree, crunchy oats and nuts lightly tossed in an organic cane sugar mixture, bound together with the rich sweetness of honey then baked to nice pumpkin golden-yellow perfection.

Our fibre-rich and flavourful classic granola will keep your tummy and taste buds happy until the next mealtime.

At Simply Natural, we proudly used more than 10% of fresh Australian pumpkin puree in our granola giving out the only authentic taste and flavor. Eat it as a breakfast food, on its own as a snack or as a topping on your smoothie bowl for some added crunchiness and flavors!

Slightly creamy and sweet, well balanced with tanginess from the dried fruits.

- Helps to stay full longer due to its high-fibre contents.
- Ideal as a hearty breakfast, a topping, a mix-in or a snack.
- No artificial additives, preservatives and colorings.



### What's inside our Simply Natural's Organic Pumpkin Granola?



### HOW TO ENJOY IT?

#### 1. Eat directly as a snack

Energy bites are great for days on the go, simply grab our Organic Pumpkin Granola and you're good to go.

#### 2. Eaten with milk

Pour milk over granola for a healthy and filling breakfast cereal.

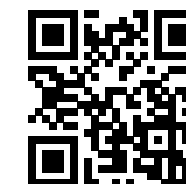
#### 3. Overnight oat

Soak your pumpkin granola in milk or yogurt overnight and have it the next morning. Top up with some fresh fruits and enjoy!

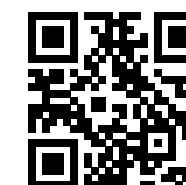
#### 4. Post workout snack

Step up your protein game and indulge in this high protein snack after your workout

Scan and purchase here:



Singapore



Malaysia



# 8 TIPS FOR A HEALTHIER YOU

## EMBRACE THE MAGIC IN ORGANIC

Over the years, ZENXIN has managed to help people achieve a healthier lifestyle through food. However, it would not be possible without YOU. Our Healthier You campaign has been up and running for the last few years because we really believe that our values of organic farming produce healthy sustainable food to nourish healthier people really apply, especially in today's world where fast and processed food is a daily staple. So, here's to a Healthier You!

### 1 EAT WELL

*You are what you eat. Invest in your health.*

Your diet is the key to a Healthier You. Remember these three things when it comes to your diet:



1. Eat a balanced diet. To ensure you're getting the healthiest diet possible, practice "QuarterQuarterHalf" to make sure your plate is colourful and contains the necessary nutrition.

To add some colour to your plate, organic fresh produce such as tomatoes (orange), vegetables (green) or sweet potatoes (yellow and purple) is the healthiest option.

Remember, don't overeat! Balance is key.

2. Prepare for the worst by boosting your immune system. How?

The sea buckthorn is a superfood, providing more than 190 bioactive nutrients, 60 antioxidants and 20 minerals with multiple health benefits!

Your immune system will thank you for the boost in health.



3. Use healthier cooking methods. Although many people now choose organic, not much thought has been put into the oils and seasoning we use sometimes.

Simply replacing the cooking oils and seasoning used to a quality and healthy type will do wonders! Simply Natural's Organic Soy Sauce Series is a premium soy sauce with low sodium content and made with high quality non-GMO organic soybeans without compromising on flavour.

Your cooking will taste even better and your health will thank you.



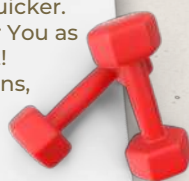
### 2 INVEST IN FITNESS

*Confidence and happiness grows with exercise.*

As you exercise, your muscles are developed quicker. Building muscles is a simple way to a Healthier You as muscle burns unwanted more calories than fat! Investing in your fitness also releases endorphins, which triggers positive feelings in your body and when you're in better shape, you automatically feel more confident.

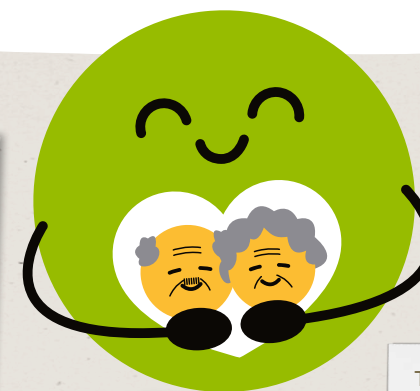
To support your fitness journey, mix in some organic beetroot powder to ensure your body generates enough energy.

The organic beetroot powder improves blood flow to muscle tissues so muscles are built faster, helps during your recovery and is great as a pre-workout supplement to be added into your drinks for an extra stamina boost.



### 3 THE GOLDEN AGE ARE THE GOLDEN YEARS

*Health is really wealth!*

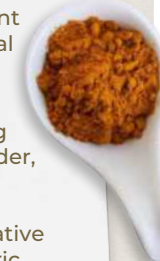


The saying "health is wealth" has never been more true. Whether it is for yourself or for your parents, taking care of your health is key to a Healthier You.

As age catches up, it is so important to focus even more on your general health as oxidative stress in the body can take its toll.

To fight this, the organic Lakadong Turmeric series (noodles, tea, powder, etc) will help as it contains higher curcumin levels, is anti-aging and anti-inflammatory and fights oxidative stress in the body. Plus, the turmeric series contains a host of outstanding health benefits.

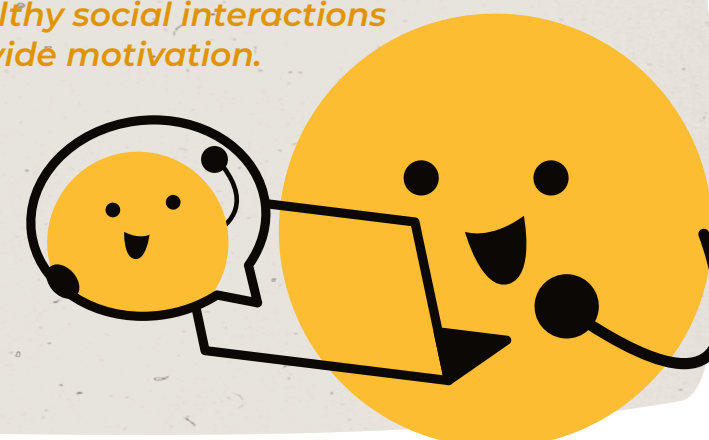
Remember, the meaning of life does not lie in its length but true happiness is living a pain-free, healthy life.



### 4 INVEST IN RELATIONSHIPS

*Healthy social interactions provide motivation.*

Friends are the wealth of a lifetime. Take time to invest in relationships and care for one another in a safe manner. Check up on your friends and see how they are doing. It will do wonders for your mental health to know that there are people who love and care for you. Your friends will provide motivation for you to continue on towards a Healthier You journey.





## 5 GET QUALITY SLEEP

Recharge with quality sleep.



As you sleep, your body recharges itself, waking to more energy and a better life. Did you know that your food also helps with ensuring you get good sleep? Eating fresh produce promotes quality sleep!

Also, take some time to wind down before bed every night. Put away the phone, read a book and drink a cup of organic chamomile tea. Putting away your phone will keep distractions away, reading a book will help your mind relax and the organic chamomile tea with soothing floral aromas will help relieve stress and anxiety.

Did you know that chamomile tea also helps promote sleepiness and reduces insomnia?

Try it!



## 7 DON'T FORGET SOME ME-TIME

Relax! We all need it.



You do not have to hustle all the time. Watch a movie, listen to some music, drink some tea. Do whatever it takes to pamper yourself a little and relax.

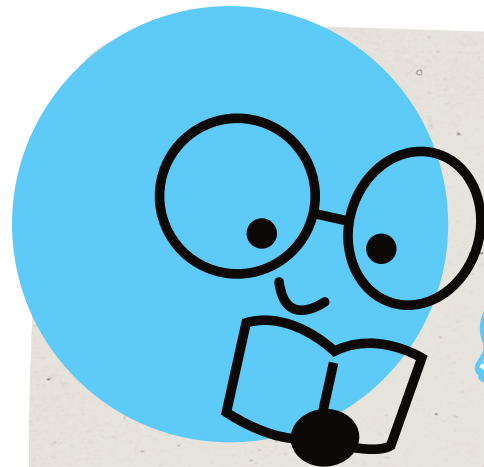
This downtime for yourself, even for half an hour a day, will lead to a Healthier You as it prevents burnout and reduces anxiety levels.

If you have trouble relaxing, start off with a cup of organic tea such as the Organic Happy valley Darjeeling Tea. It has good aromas, is low in caffeine and is rich in polyphenols (food for heart and gut health).

Alternatively, try the Organic Tropical Wonders tea as it is refreshing and perfect as a detoxifying, afternoon pick me up. Take your time sipping your tea and don't rush the process. Enjoy it.

## 6 NEVER STOP LEARNING

Learning and working never stops.



As we work from home or study at home, it can get rather tiresome to focus all the time. Eating fresh produce to keep your mind fresh can really help. A good source of omega-3 fatty acid (essential for your brain health) are dehydrated walnuts. Did you know that walnuts also help improve memory and cognitive function?

A fresh mind retains and processes information better! Grab a handful and munch on some dehydrated walnuts so you can enjoy and continue the learning process.

## 8 CARE FOR YOUR FAMILY

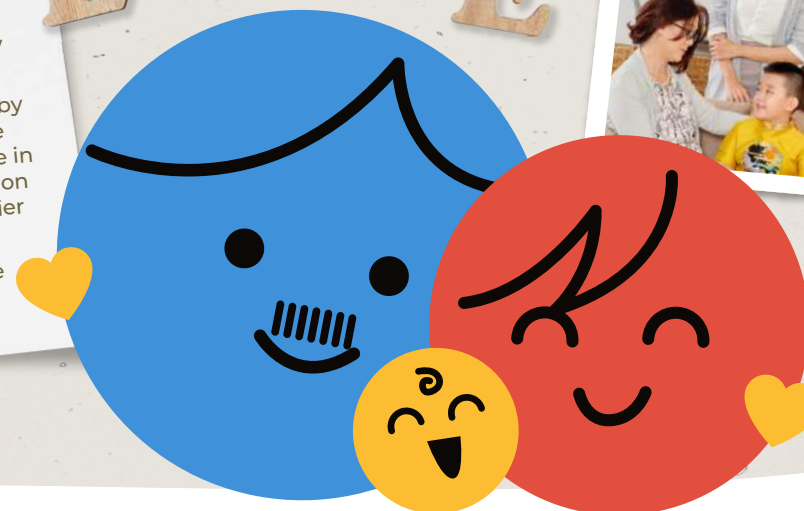
Loving the family around you is as important as treating yourself well.



Treat your family to a day of fun. Spend quality time together everyday by watching a movie, playing a board game, eating together or just sharing a healthy snack like Queen O-Wa.

Investing in family relationships by eating healthily together is more satisfying and everyone is secure in the knowledge that everyone is on their way to becoming a Healthier You.

Life with a happy family is more satisfying!





## BE A HEALTHIER YOU ZOOM SHARING

In conjunction of ZENXIN Healthier You campaign, we've invited experts and instructors from different fields to share about tips we can easily apply in daily life to achieve Healthier You.

Thank you for all the participants who joined us for the 10 sessions of Zoom sharing. We hope you've benefited from the knowledge and healthy tips shared, and the cooking demo as well!

### Customers' Review

Over the years, we have met many people who support ZENXIN's organic products and are so pleased to share how it has benefitted their health and wellbeing. Thank you for your support through all these years!



**Cheah Theng Theng**  
(Journey of Organic Life - 2 years)

Before taking organic products my children does not like to eat vegetable due to bad taste or bitterness. However, ZENXIN vegetable which is fresh and tasty even consuming it raw made my children not reluctant to intake vegetable. Now my children more prefer to intake vegetable and I do not need to stress on them to eat vegetable.



**Caren Lew Teik Poh**  
(Journey of Organic Life - 5 to 6 years)

After intake ZENXIN organic products, I feel more healthier and my skin condition become better as the frequency of pimple being reduced. I prefer ZENXIN fresh produced vegetable as it is fresh and tasty and other products I recommend are strawberry and blueberry powder drinks.

31 Oct:  
Banana Leaf



30 Oct:  
儿童绘本



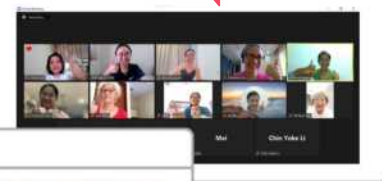
17 Oct:  
齐来探索热带香草的妙用



16 Oct:  
Active lifestyle on a  
vegan diet



24 Oct:  
Pilates



23 Oct:  
皮肤冻龄神器



ORGANIC  
SEA BUCKTHORN ELIXIR



# 28 Days Anti-Inflammatory Diet Challenge

## 28 天抗发炎饮食挑战

Inflammation - The Root of Most Diseases  
发炎 - 万病之源

Do you experience these signs:  
您是否常感到：



**Physical pain**  
生理疼痛



**Feeling tired**  
疲劳



**Getting sick easily**  
容易生病



**Constipation, gastric reflux**  
便秘、胃酸逆流



**Can't sleep well**  
睡眠品质差

This means your body is at high risk of chronic inflammation. 这其实是您的身体正处于慢性发炎的高风险状态。

Our Anti-Inflammatory Diet Challenge can help to reduce the risk of developing chronic inflammation. 我们的抗发炎饮食挑战可帮助您减低慢性发炎的风险。

**Accept the challenge now!**  
还等什么？马上接受挑战吧！

Our challenge features 此配套包含：

- ✓ Online nutrition consultation and weekly follow-up sessions conducted by **qualified nutritionist and/or dietitian**
- ✓ A personalised **anti-inflammatory meal plan** created by the team
- ✓ Exclusive one-month supply of **Organic Sea Buckthorn Elixir**, where you can only get this in ZENXIN Organic
- ✓ Weekly **organic subscription box**
- ✓ **Free delivery** within coverage
- ✓ Exclusive **15% discount** when you shop online (T&C apply)
- ✓ Nutrition-related topics chat through **WhatsApp** that cater to your queries throughout the journey

- ✓ **NEW! Starter Gift Pack**  
全新！新手礼盒
- ✓ **NEW! ZOOM Fitness Class**  
全新！ZOOM 线上运动课程

Only 只需  
**RM 720**  
(Malaysia)  
**SGD 380**  
(Singapore)



- ✓ 由合格的营养师和食疗师所提供的线上营养咨询及每周跟进服务
- ✓ 量身定制的抗发炎饮食餐单
- ✓ 一个月份量的诚兴独家超级食物：有机沙棘果汁
- ✓ 一周一箱诚兴有机蔬菜箱
- ✓ 免运费（仅限覆盖范围内）
- ✓ 另享 15% 诚兴线上购物优惠（须符合条款）
- ✓ 专属于您的 WhatsApp 问答小助手（仅限营养课题）



Scan to do an  
**Inflammation Risk Score Screening Test**  
扫描二维码以进行一个简单的身体发炎风险检测

Contact us 想报名，请联络我们！  
Malaysia 马来西亚 +6011 59775915



Your Name 您的姓名 <Space> ZX28days

\*Terms and conditions applied 须符合条款

www.zenxin.com

HUI QI  
ZENXIN Nutritionist  
诚兴营养师  
Bachelor of Science (Hons) in  
Food Science & Nutrition (UCSI)



JOEY LIM  
ZENXIN Dietitian  
诚兴饮食治疗师  
Bachelor of Science (Hons) in  
Dietetics With Nutrition (IMU)



## PAST EVENTS: MAGIC IN ORGANIC



In the months of September and October, we joined Mickey and his friends as they continued their journey in search of organic wellness! We are sure that you had spotted Mickey & Friends at supermarkets or ZENXIN outlets near you.



Mickey Eco Bag

During our Spin to Win campaign, we gave out more than 900 limited edition ZENXIN | DISNEY Mickey Eco Bags! Customers only needed to purchase selected fresh produce items at a participating supermarket or ZENXIN outlet to be eligible for the campaign. With the Mickey Eco Bag, we can shop in style while helping to save the environment at the same time.

Our Facebook and Instagram followers also got the opportunity to win this limited edition Mickey Eco Bag through various short campaigns, so be sure to follow us for more goodies giveaways in the future!

Organic eating isn't just for adults only. To nurture organic farming awareness among children, ZENXIN also organized a Mickey Coloring Contest spanning 4 weeks. Each week, 3 kids with the best artwork received a special gift hamper each.



DISNEY Organic Banana, Malaysia



DISNEY Organic Carrot, Thailand



DISNEY Organic Beetroot, Australia



### MICKEY COLOURING WINNER



Nichole Seow



Maily Lopez



Esther Cheah

## PAST EVENTS: SPOOKTACULAR HALLOWEEN



Boo! What better way to celebrate the SPOOKTACULAR time of the year than a 2021 Halloween Online Event? Come beasts, ghosts, princesses, and witches; we had plenty of fun celebrating this day with our customers and their kids.

For Malaysian viewers, our host and teacher Bagel Tan took them through a spooky Halloween storytelling session, followed by a DIY Monster Noodles session which saw parents preparing a creative dish together with their children using our Simply Natural Organic Rainbow Noodle. We also got the kids to dress up in costumes for the Halloween Cosplay Competition!

On the other side of the causeway in Singapore, viewers were treated to a live cooking demo from Chef Ceri who shared several delicious and healthy recipes (including one for a Pumpkin Patronus) with us!



Chang Park Yin



李恩惠



施均



Chef Ceri

- 2 cups organic pineapple
- 2 organic Fuji apples
- 150g organic pumpkin
- A little grated organic Peruvian ginger
- 1/4 cup 'Simply Natural' organic sea buckthorn elixir
- Add filtered water to the 1 litre mark



Disney

STEP INTO  
ZENXIN ORGANIC'S  
*Magical*  
WORLD

*Magic*  
in  
Organic

#MickeyCollectionbyZenxin

ZENXIN is delighted to join hands with Disney to create the "Magic in Organic" food series. ZENXIN hopes that more people will come to see the benefits organic food and farming bring to our planet!

Your Magical Journey with ZENXIN Organic Starts Here!



disney.zenxin.com

**LEARN  
WITH MICKEY**

Go on an exploratory journey with ZENXIN. Join us in greening the earth by choosing clean pure organic food, lovingly grown by organic farmers all over the world.



**PLAY  
WITH MICKEY**

What better way than PLAY to discover the amazing world of organic wonders? Engage your child with fun colouring contests, crossword puzzles and quizzes available on the website.



**COOK  
WITH MICKEY  
AND FRIENDS**

Explore the purity of ZENXIN Organic produce through cooking and eating.



**WIN**

Stand a chance to win limited edition Disney premiums and ZENXIN Organic produce!





# OUR FOOTSTEPS



## HEADQUARTER

### ZENXIN AGRI-ORGANIC FOOD SDN. BHD.

No.8, (PLO67) Jalan Teknologi 1, Kawasan Perindustrian Mengkibol, 86000 Kluang, Johor, Malaysia.

Tel: +60 (7) 7728199, +60 (7) 7736899 | Fax: +60 (7) 7766799

Email: zenxinkluang@zenxin.com.my / zenxin.organic@gmail.com

## RETAIL OUTLETS

Johor

### ZENXIN ORGANIC FARM MART

Plot 47A & 47B, Batu 9, Jalan Batu Pahat, 86000 Kluang, Johor, Malaysia.

Tel: +60 (7) 759 5196, +60 (19) 773 8985

Fax: +60 (7) 759 5193

Email: zenxinorganicpark@gmail.com

### ZENXIN@KLUANG

No.14, Jalan Rambutan,

Bandar Kluang,

86000 Kluang, Johor.

Tel: +60 (7) 776 7289 / +60 (7) 772 8299

### ZENXIN@TAMAN SENTOSA

No.57, Jalan Sulam, 11 Taman Sentosa,

80150 Johor Bahru, Johor, Malaysia.

Tel: +60 (7) 331 9299 / +60 (7) 331 9399

Email: zenxinjb@zenxin.com.my

### ZENXIN@TAMAN DAYA

No.18, Jalan Pinang 52, Taman Daya,

81100 Johor Bahru, Johor, Malaysia.

Tel: +60 (7) 351 5299 Fax: +60 (7) 335 6299

Email: zenxinjb@zenxin.com.my

### ZENXIN@ SKUDAI

No.65, Jln Pahlawan 1, Taman Ungku Tun Aminah,

81300 Skudai, Johor, Malaysia.

Tel: +60 (7) 558 3299

### ZENXIN@BUKIT INDAH

No. 27, Jalan Indah 16/12, Taman Bukit Indah,

81200 Johor Bahru, Johor, Malaysia.

Tel: +60 (7) 239 6799

### ZENXIN@ BATU PAHAT

ZENXIN ORGANIC FOOD (Batu Pahat)

No. 62 Jalan Flora Utama 8,

Taman Flora Utama,

83000 Batu Pahat, Johor.

Tel: +60 (7) 431 6653, +60 (17) 767 0787

Email: info@zenxin.com.my

Singapore

### ZENXIN@PASIR PANJANG

Blk 14, Pasir Panjang Wholesale Centre #01-25,

Singapore 110014

Tel: +65 6778 7369, +65 6779 7839

Fax: +65 6777 0879

Email: info@zenxin.com.my

Melaka

### ZENXIN@CHENG

No 12A, Jalan Inang 1, Taman Paya Rumput Utama, 76300 Paya Rumput, Melaka, Malaysia.

Tel: +60 (6) 335 7299, +60 (16) 670 6600

### ZENXIN@MELAKA RAYA

No.585, Jalan Melaka Raya, Taman Melaka Raya,

75000 Melaka, Malaysia.

Tel: +60 (6) 288 1299

Email: zenxinmelaka@zenxin.com.my

Kuala Lumpur/ Selangor

### ZENXIN@SRI PETALING

No. 90 Jalan Radin Anum 1,

Taman Sri Petaling,

57000 Kuala Lumpur, Malaysia.

Tel: +60 (3) 9059 5299 / +60(3)9058 8969

Text: +60 (19) 224 5148

Email: info@zenxin.com.my

### ZENXIN@SECTION 17

1090, Jalan 17/29, Section 17,

46400 Petaling Jaya, Selangor, Malaysia.

Tel: +60 (3) 7496 6335, +60 (12) 608 6335

Email: info@zenxin.com.my

### ZENXIN ORGANIC@BANDAR UTAMA

Ground Floor, AEON@Bandar Utama Store,

S125, 1 Utama Shopping Centre,

1, Lebuhr Bandar Utama, Bandar Utama,

47800 Petaling Jaya, Selangor, Malaysia

Tel: +60 (3) 7496 6335, +60 (12) 370 8229

Email: tene@zenxin.com.my

Penang

### ZENXIN@BANDAR TANJONG TOKONG

98-G-19, Jalan Fettes,

Bandar Tanjong Tokong,

11200, Pulau Pinang, Malaysia.

Tel: +60 (4) 892 0798 Fax: +60 (4) 892 0798

Email: chengjie@zenxin.com.my, peiqi@zenxin.com.my

### ZENXIN@BAYAN BARU

5-G-16, The Promenade, Persiaran Mahluri,

11950 Bayan Baru, Penang, Malaysia.

Tel: +60 (18) 262 4798



We have launched another communication platform (Whatsapp Business and Telegram) that will not only allow you to get exclusive offers and promotions instantly, we can also notify you about our products, events etc real-time!

## KEEP US AS YOUR OWN CONTACT

### SINGAPORE:

**+65 6778 7369**

*(Organic Products information)*

### MALAYSIA:

**+6012 3708 299**

*(Organic Products information)*

**+6019 7738 985**

*(ZENXIN Organic Park, Kluang)*

**+6011 5977 5915**

*(Promotion campaigns and workshops)*

## WHATSAPP US

**Your Name\_Location\_**

**Your feedback or questions.**

*Example: Fatimah\_Singapore\_May I know what is the new travel products in year 2021?*

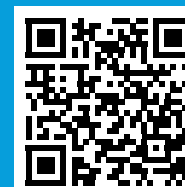
*Or*

*Example: Fatimah\_Johor\_How much the farm tour package at ZENXIN Organic Park?*

*\*for customers from Malaysia, please state which part of Malaysia you are from.*

## ZENXIN MALAYSIA NOW ON TELEGRAM!

**Join our channel for useful tips, newsletter, promotion, and even recipes!**



Scan the QR code to join

*We'll come back to you the next working day*

**Business Hours:  
Monday- Friday  
830am-5pm**

*Presented by:*

**ZENXIN  
ORGANIC**

**ZENXIN  
ORGANIC PARK**

**zenxin  
TRAVEL**



**Thank you for your support!**

Whatsapp us at:

Customer Service Hotline

Singapore: +65 6778 7369 | Malaysia: +6012 705 8199



Head Quarter:

**ZENXIN AGRI-ORGANIC FOOD SDN. BHD.**

No.8, (PLO67) Jalan Teknologi 1,  
Kawasan Perindustrian Mengkibol,  
86000 Kluang, Johor, Malaysia

BROUGHT TO YOU BY

**ZENXIN**  
ORGANIC



**MIDORI**  
美多利

**zenxin**  
TRAVEL

Malaysia: [www.zenxin.com.my](http://www.zenxin.com.my) | Singapore: [www.zenxin.com.sg](http://www.zenxin.com.sg)